

Volunteer Position Description

Kentucky FCS Program Cooperative Extension
Service University of Kentucky

POSITION TITLE:

Extension Health & Wellness Ambassador

TIME REQUIRED:

The program requires participation in 40 hours of education covering a range of topics. This includes 32 hours of group education and 8 hours of take-home activities. The number of days in which instruction is conducted can range from 5 – 10, depending upon in-person or virtual formats. In the first year, volunteers will provide at least 40 hours of service.

In subsequent years, volunteers will annually provide at least 20 hours of service and obtain 10 hours of continuing education.

LOCATION:

County Extension Office or other location

GENERAL PURPOSE:

The Extension Health & Wellness Ambassador (EHWA) program trains and engages community members to improve their own health and the health of their neighbors.

EHWA volunteers assist the Cooperative Extension Service by implementing community projects, assisting with Extension programs, and contributing volunteer service to activities and projects that improve health in their local communities.

SPECIFIC RESPONSIBILITIES:

- Complete 40 hours of education on a range of health-related topics.
- Pass the certification exam.
- Contribute 40 hours of volunteer service within one calendar year of passing the certification exam.
- After the first year, and on an annual basis, contribute 20 hours of service and participate in 10 hours of continuing education.
- Provide leadership and commitment to improving the health of community members.
- Plan, implement, and evaluate projects, in coordination with the Extension Agent and other volunteers, that improve health in the local community.
- Attend meetings with the Extension Agent and other volunteers.
- Use research-based information. Maintain a record of volunteer activities and submit this information to Extension, either electronically or written documentation provided to the local Extension Agent.
- May not use status as an EHWA to promote personal opinions, business, or the services of other companies or agencies.
- Reserve the use of the title “Extension Health & Wellness Ambassador” for when 40 hours of EHWA in-service completed and passed the certification exam given by the local Extension Agent.
- The title “Extension Health & Wellness Ambassador” is valid only when active with the EHWA Program. Designation as an EHWA becomes void when active participation ceases.
- Wear the “Extension Health & Wellness Ambassador” badge only when engaged in activities for the EHWA Program. It is not to be worn at work, in any other moneymaking capacity, or as part of any other volunteer program unrelated to EHWA. Extension Health and Wellness Ambassador status may not be used to promote any commercial activity or private business.
- Refrain from using the title “Extension Health & Wellness Ambassador” or “Wellness Ambassador” at a place of business or for commercial publicity, unless it is while participating in an EHWA-sponsored event. Having association with commercial products, and/or giving implied University of Kentucky endorsement to products or businesses is improper.

QUALIFICATIONS:

- Applicants must complete the Client Protection screening process and be accepted as a volunteer.
 - Provide own transportation to meeting and activities.
 - Ability to communicate effectively with Extension staff and volunteers.
- A sincere interest in sharing knowledge and experiences and skills with youth and adults in an informal educational setting.
 - The ability to organize information and materials and delegate responsibility.
 - The ability to work and communicate effectively in verbal and/or written forms.
 - The ability to motivate other volunteers and community members.
 - The ability to work with minimum supervision from professional staff.
- A sincere interest in working with other volunteers and professional staff in community settings.
- A willingness to become familiar with and work with the philosophy and guidelines of the University of Kentucky CES, and county FCS program.

BENEFITS:

- The opportunity to improve health for the local community.
- Volunteer development opportunities
- Opportunities to share your skills, talents and interests.
- Orientation provided by Extension staff.
- Research shows that volunteering promotes improved health.
- Use office supplies and materials.
- Consultation and collaboration with Extension professionals will be available.
- Develop lifelong friendships with other volunteers and members of the community.
- Develop communication and leadership skills.
- Learn organizational and time management skills.
- Skills gained to expand career growth and potential.
- Gain respect for community needs and civic responsibilities.
- Access to resource information including: appropriate manuals, pamphlets, audio- visual aids, newsletters and other resource materials
- Recognition opportunities.

SALARY:

Unsalaries; volunteer. This position does not imply employment with the University of Kentucky.

SUPERVISOR

Name: Title:

Address:

City, State, Zip: Phone:

Fax:

e-mail:

"I have read, understand and agree to fulfill the purpose and responsibilities of this volunteer position and further agree to accept guidance and direction from the supervisor. I am committing to involve individuals regardless of race, color, age, sex, religion, disability or national origin in educational experiences in cooperation with other Extension volunteers and Extension personnel. I also understand that failure to fulfill the purpose and responsibilities of the volunteer position and to accept guidance and direction from the supervisor could result in suspension of my position. I also understand that this volunteer position is renewable annually; I will notify the supervising professional if I am no longer interested in serving."

Signature of Volunteer

Date

Signature of Volunteer

Date

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



Disabilities
accommodated
with prior notification.